NEXT GENERATION STRESS MANAGEMENT

next generation stress management

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THE PROBLEM

- Work-related stress is the **second most frequently reported work-related health problem in Europe** — after musculoskeletal disorders.
- Around half of workers consider it to be common in their workplace.
- 50–60% of all **lost working days** can be attributed to **work-related stress**.

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SOLUTION

An automatic system what is:

- Real Time
- Continually
- Objective
- Non invasive
- Flexible for customer needs

GOALS:

- TO TEACH people how TO LEARN to fight with stress (Do not ignore!)
- To give a PREVENTIVE solution for people, business

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METHOD

INPUTS

- E.G. KEYBOARD, MOUSE, VEHICLE, SMARTPHONE, SMARTWATCH

ANALYSIS

- SIMILARITY ANALYSIS
- ROBOT EXPERT

FEEDBACK

- ALERTS
- REPORTS

SOLUTION

- BASIC SOLUTIONS
- ANALYSIS BASED SOLUTIONS
- SUGGEST FOR HUMAN EXPERT

MONITOR & REVIEW

- TEACHING MODEL
- TEACHING USER
- ANALYZE

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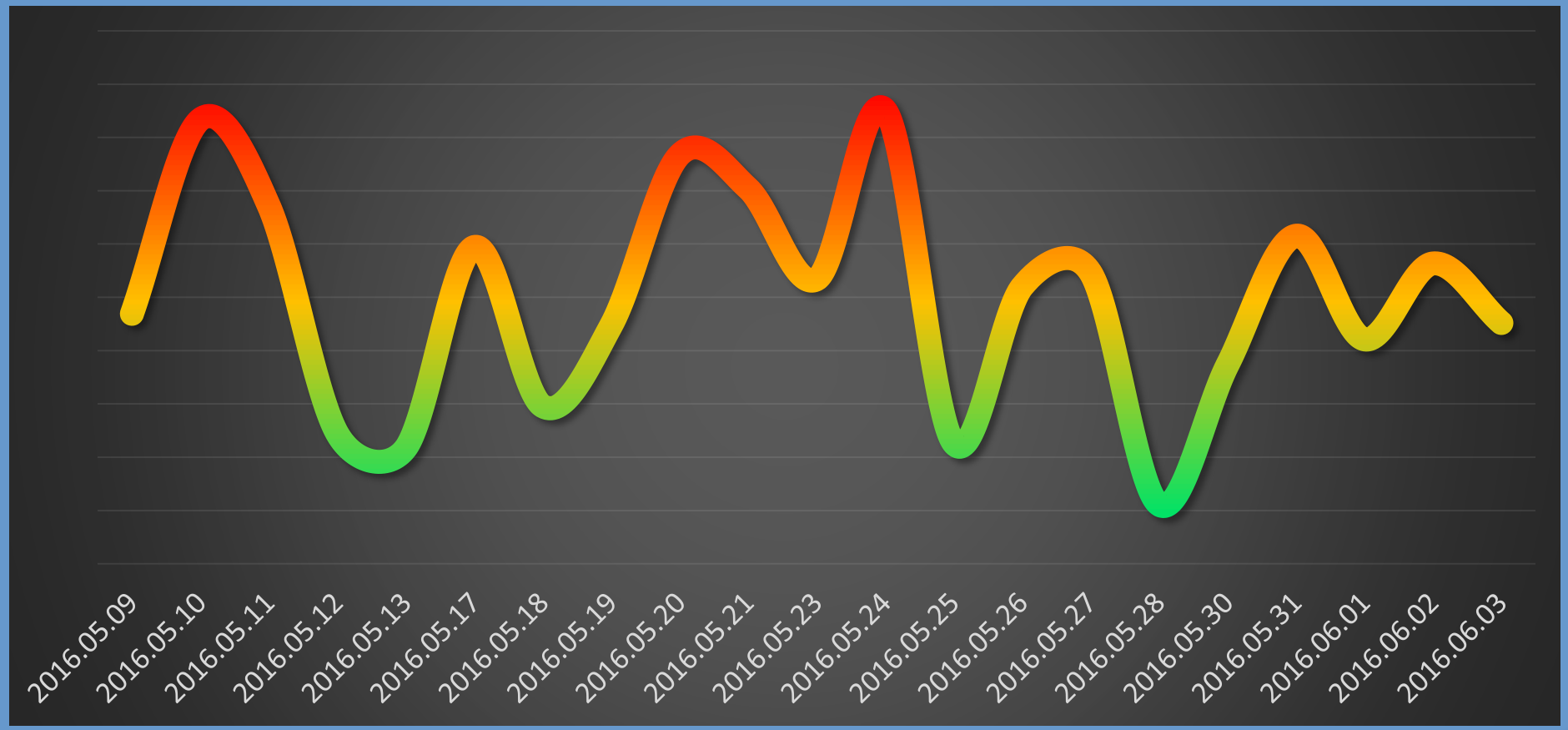
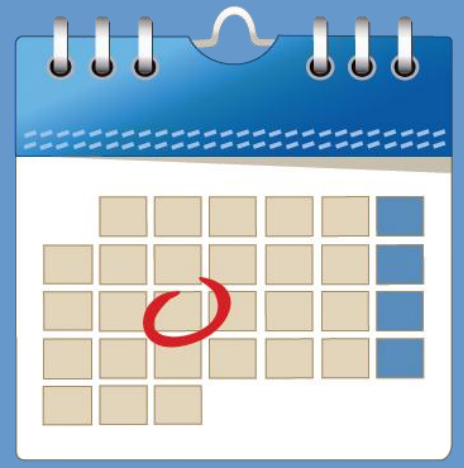
Samples, experiences 1





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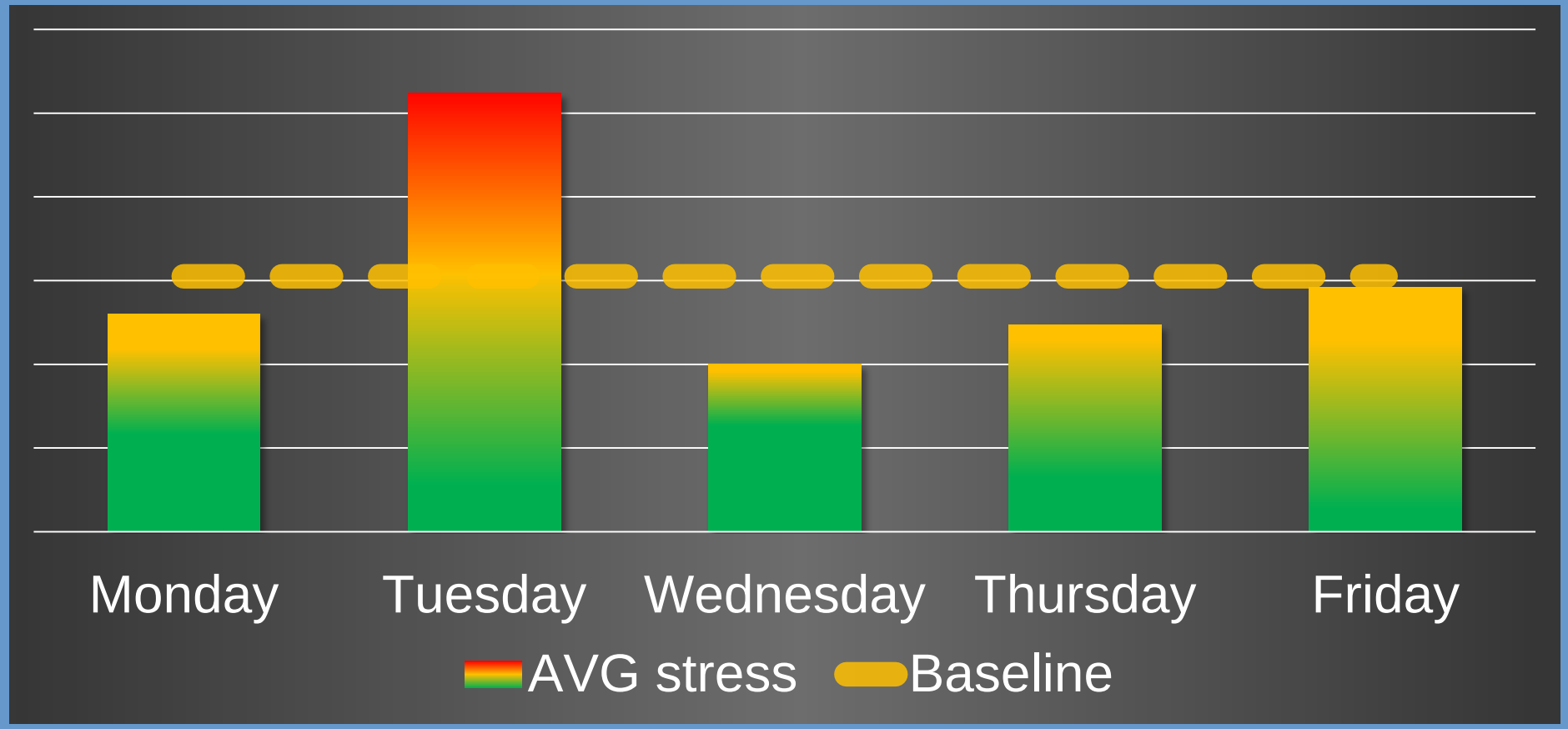
Samples, experiences 2



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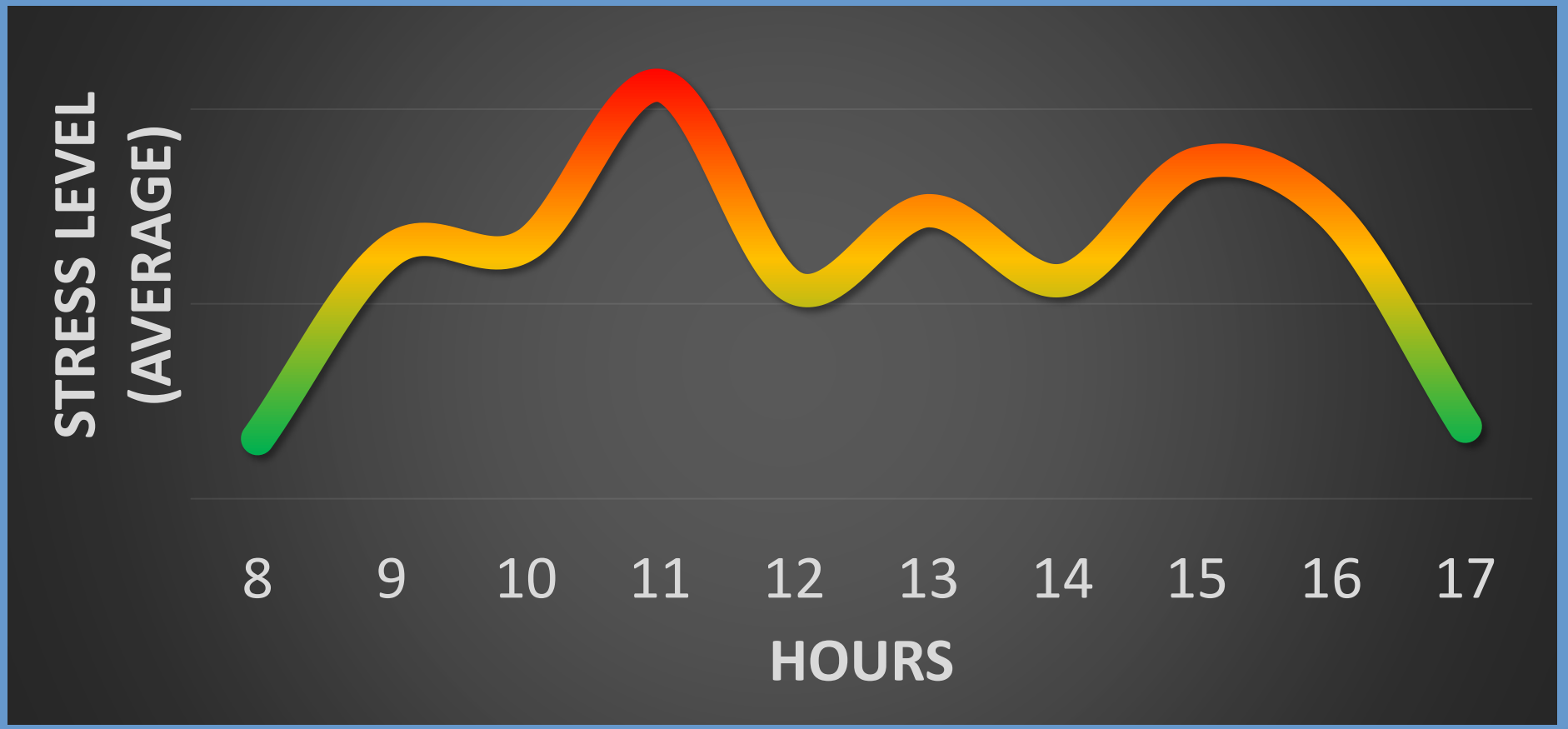
Samples, experiences 3



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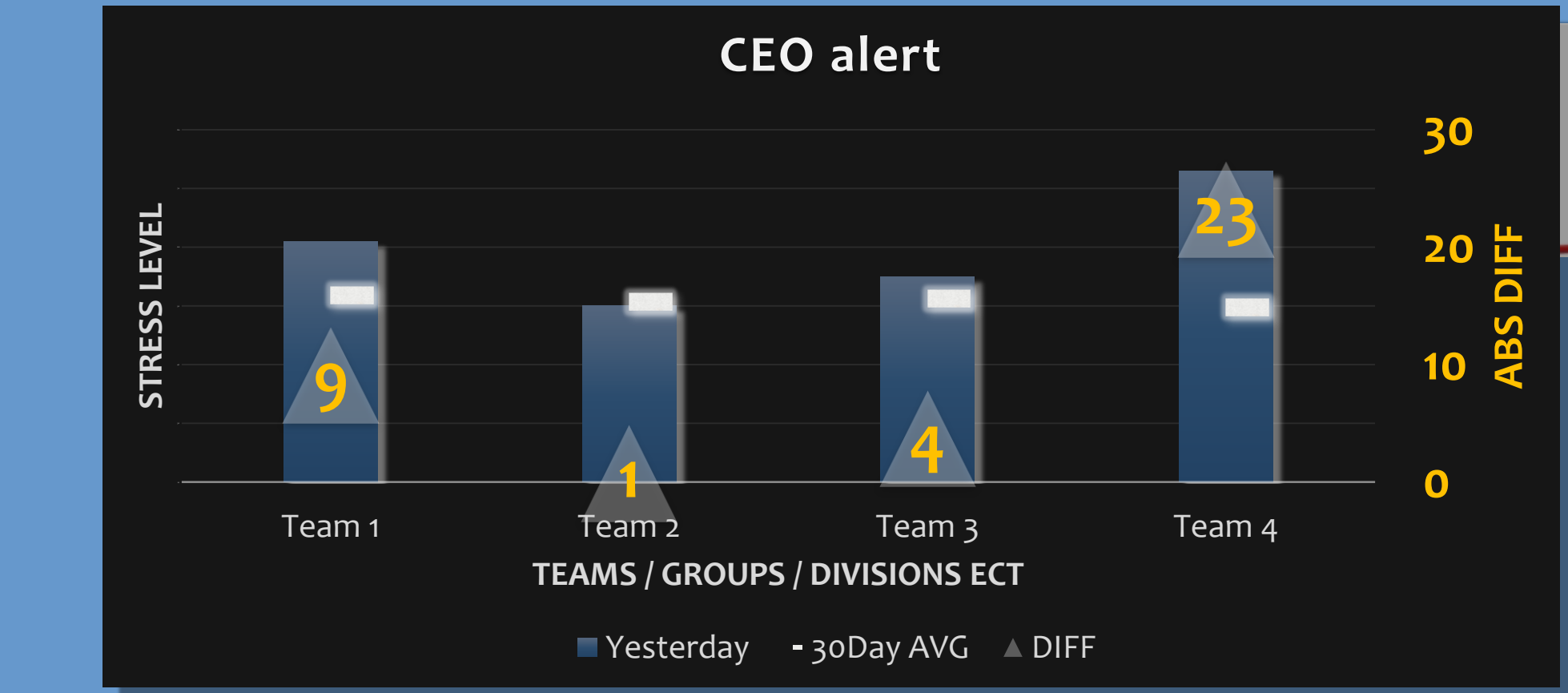
Samples, experiences 4



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Alerts, solutions

DYNAMIC ALERT SYSTEM

- Personalized alerts (employees, management)
  (real time, daily, weekly, by groups… ect.)
- The list of potential alerts are based on the number of other inputs
  (e.g. calendars, events, KPI-s ect.)

Basic solutions
Analysis based solutions
Or you have to get other help
(leader, psychologist ect.)

WIDE RANGE OF SOLUTIONS

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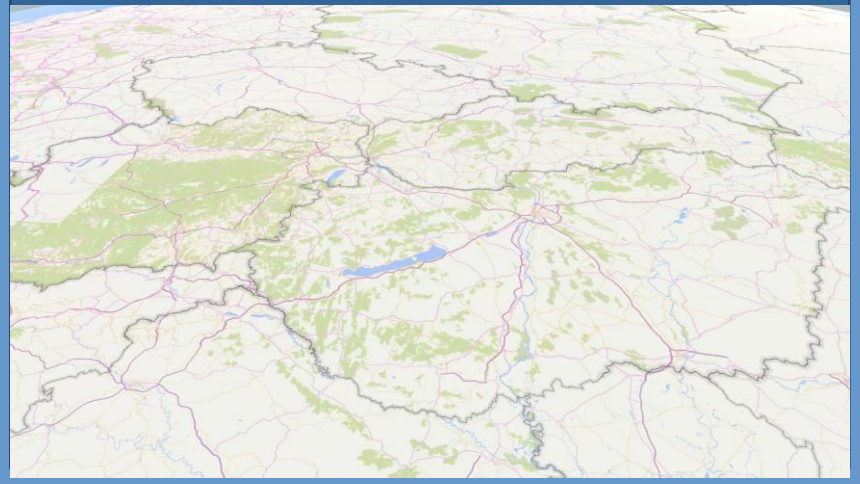
Opportunities

STRESS BIG DATA FOR THE WORLD

GLOBALSTRESSMAP.COM

GOVERNMENT SUPPORT



PUBLIC TRANSPORT

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THANK YOU!

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